

## 8.1.8

Efforts of the institution to involve students in yogic practices and promotion of such practices among the public/ community.

4. Facility for Therapeutic Yoga.



# SHREE SAPTASHRUNGI AYURVED MAHAVIDYALAYA & HOSPITAL

Kamal Nagar, Hirawadi, Panchavati, Nashik - 422 003. | Tel.: (0253) 2621565 (College) | (Hosp.) 2518548

Fax : (0253) 2621638 • E-mail : ssamnsk@gmail.com • website : www.ssam.in

Ref. No.

Date :

A Swasthya OPD (Outpatient Department) at Ssam & H offers a specialized approach to healthcare by centring on **Therapeutic Yoga Asanas**. These OPDs prioritize holistic well-being by blending traditional medical practices with the benefits of yoga. Therapeutic yoga asanas, meticulously tailored to individual needs, are prescribed to address a wide range of physical, mental, and emotional conditions. Through personalized consultations, experienced healthcare professionals assess patients and recommend specific yoga postures that can alleviate ailments, enhance flexibility, improve posture, and promote relaxation. The integration of therapeutic yoga not only aids in managing chronic illnesses but also fosters preventive care and stress reduction. This innovative approach acknowledges the mind-body connection and empowers patients to actively participate in their healing journey.

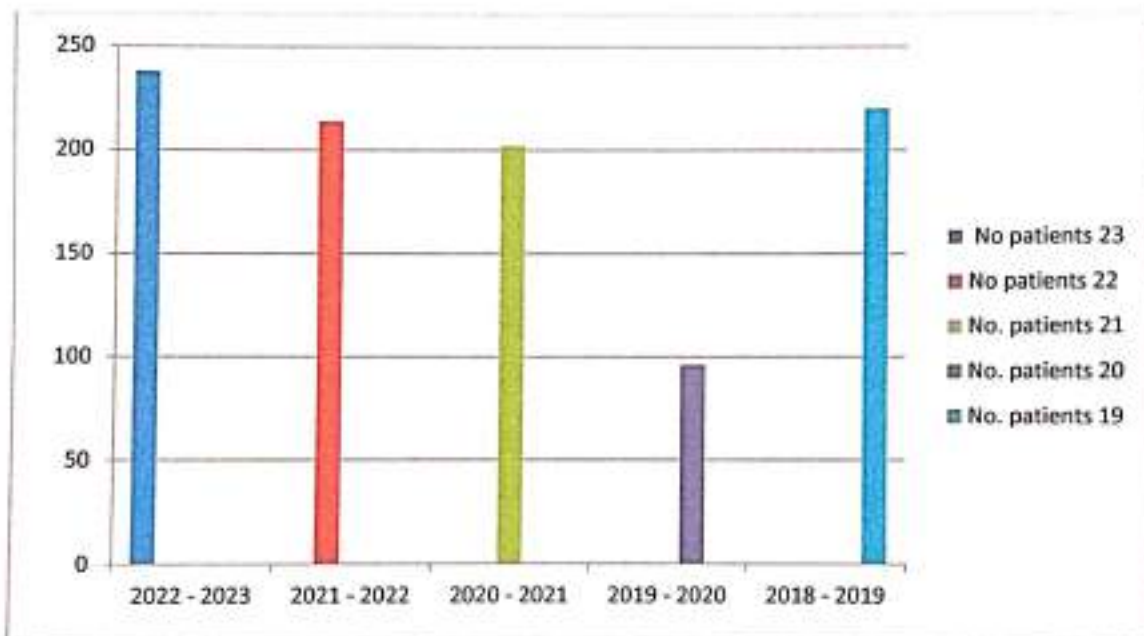


Table indicates year wise distribution of patients under Therapeutic Yoga Asanas

| year        | No patients 23 | No patients 22 | No. patients 21 | No. patients 20 | No. patients 19 |
|-------------|----------------|----------------|-----------------|-----------------|-----------------|
| 2022 - 2023 | 238            |                |                 |                 |                 |
| 2021 - 2022 |                | 214            |                 |                 |                 |
| 2020 - 2021 |                |                | 202             |                 |                 |
| 2019 - 2020 |                |                |                 | 96              |                 |
| 2018 - 2019 |                |                |                 |                 | 220             |

H. O. D.  
Swasthavritta Dept.  
S.S.A.M. & H. Nashik



Principal  
Vd. Milind Baharao Aware  
Shree Saptashrungi Ayurved  
Mahavidyalaya & Hospital, Nashik



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## THERAPEUTIC YOGA-ASANA OPD PATIENT LIST 2023

| SR. NO. | CR OPD NO. | NAME OF PATIENT        | AGE/SEX |
|---------|------------|------------------------|---------|
| 1       | 58         | SHILPA U. PATIL        | 32/F    |
| 2       | 208        | PRATYUSHA P. PATIL     | 31/F    |
| 3       | 223        | AJIT N. KHEDKAR        | 40/M    |
| 4       | 258        | SONALI R. DALVI        | 49/F    |
| 5       | 514        | SOMA G. WAJE           | 61/M    |
| 6       | 534        | ANJABAI B. KUTE        | 49/F    |
| 7       | 846        | JJABAI S. MATANE       | 53/F    |
| 8       | 885        | ANJALI M. METKAR       | 32/F    |
| 9       | 1001       | MANDAVATI R. VYAVAHARE | 49/F    |
| 10      | 1019       | DEVIKA A. AWHAD        | 38/F    |
| 11      | 1119       | UMA S. PRAJAPATI       | 32/F    |
| 12      | 1147       | ASHA A. WAJWE          | 40/F    |
| 13      | 1234       | ATUL M. GITE           | 41/M    |
| 14      | 1345       | MANISHA D. KAKDE       | 35/F    |
| 15      | 1534       | NIRAJ V. PAWAR         | 50/M    |
| 16      | 1828       | MANOJ R. SHIVARE       | 47/M    |
| 17      | 1838       | SHILPA U. LAVADE       | 32/F    |
| 18      | 2134       | DHANANJAY R. DIGHE     | 32/M    |
| 19      | 2146       | SHWETA A. AHIRRAO      | 30/F    |
| 20      | 2218       | RESHMA V. TIDKE        | 42/F    |
| 21      | 2326       | ASHA V. THORAT         | 32/F    |
| 22      | 2470       | ANAGHA A. VISPUTE      | 48/F    |
| 23      | 2610       | VIKAS D. GHORSADE      | 51/M    |
| 24      | 2788       | RUPALI P. MORADE       | 36/F    |
| 25      | 2921       | VISHAKHA M. MANDAKE    | 40/F    |
| 26      | 2980       | VIBHA V. DESHMUKH      | 34/F    |
| 27      | 3097       | AVANIKA P. DINDORKAR   | 42/F    |
| 28      | 3224       | KUNAL V. KULKARNI      | 32/M    |
| 29      | 3318       | AMOL A. BAGAD          | 34/M    |
| 30      | 3516       | DIPALI S. NERKAR       | 34/F    |
| 31      | 3612       | RAJESH K. SASANE       | 38/M    |
| 32      | 3890       | ASHA K. PHADTALE       | 34/F    |
| 33      | 4297       | AAYESHA S. PATHAN      | 41/F    |

|    |      |                        |      |
|----|------|------------------------|------|
| 34 | 4516 | MAYA A. DHAMANE        | 41/F |
| 35 | 4617 | MEENA S. VICHARE       | 31/F |
| 36 | 5024 | SHIVANI A. RAJAPURE    | 37/F |
| 37 | 5161 | SWAMI V. SOTHAJE       | 32/M |
| 38 | 5422 | SANTOSH A. DAMRE       | 47/M |
| 39 | 5665 | SANJIVANI R. DESHAMUKH | 34/F |
| 40 | 5943 | RACHANA A. CHINCHOLKAR | 32/F |
| 41 | 5976 | SUMANBAI R. KHIARNAR   | 54/F |
| 42 | 6327 | SUHANI D. JADHAV       | 31/F |
| 43 | 6445 | SAJID A. SHAIKH        | 44/M |
| 44 | 6530 | SHAILA V. KALE         | 43/F |
| 45 | 6736 | SHILABAI V. KHARAT     | 52/F |
| 46 | 6915 | RAMAJI V. MIRKUTE      | 52/M |
| 47 | 6938 | SHEELA P. WARE         | 48/F |
| 48 | 7037 | KALPESH S. BEDMUTHA    | 42/M |
| 49 | 7076 | SUNITA S. KAPADNE      | 49/F |
| 50 | 7159 | SHALINI S. NAJUKE      | 44/F |
| 51 | 7277 | MEENA A. CHAUDHARI     | 42/F |
| 52 | 7378 | VASUDHA M. SOMASE      | 48/F |
| 53 | 7455 | RANJANA S. WAGHMARE    | 34/F |
| 54 | 7512 | ASTHA C. KARMAL        | 27/F |
| 55 | 7560 | SHWETA V. BARVE        | 31/F |
| 56 | 7584 | NILESH S. RAUT         | 42/M |
| 57 | 7673 | SANJAY D. THORAT       | 39/M |
| 58 | 7707 | MAMTA G. PATIL         | 42/F |
| 59 | 7776 | ARCHANA M. GUPTA       | 32/F |
| 60 | 7897 | SHARADA P. AHER        | 59/F |
| 61 | 7953 | JANAKI K. GAVALI       | 51/F |
| 62 | 7988 | SUVARNA U. MANE        | 38/F |
| 63 | 8195 | SULABHA D. MORE        | 49/F |
| 64 | 8389 | KANCHAN R. PATEL       | 43/F |
| 65 | 8411 | SUNDARABAI K. PARDESHI | 56/F |
| 66 | 8489 | SAGAR D. NAVLE         | 37/M |
| 67 | 8615 | VARSHA S. PACHPUTE     | 42/F |
| 68 | 8706 | NIKITA R. PATIL        | 48/F |
| 69 | 8772 | SAYALI R. GAIKWAD      | 42/F |
| 70 | 8856 | VYANKATESH S. KULKARNI | 54/M |
| 71 | 8971 | SANTOSH H. THORAT      | 42/M |
| 72 | 9085 | SUNITA A. DEVKUTE      | 41/F |

|     |       |                     |      |
|-----|-------|---------------------|------|
| 112 | 11303 | SONALI V.SUPE       | 30/F |
| 113 | 11343 | SEEMA G. MAHAJAN    | 41/F |
| 114 | 11367 | KAILAS P. WAGH      | 48/M |
| 115 | 11427 | RAJNI S. BHOYE      | 44/F |
| 116 | 11467 | SARIKA N. NIKAM     | 34/F |
| 117 | 9977  | SHANKAR V. VADNERE  | 51/M |
| 118 | 10001 | SWATI S. PAWAR      | 45/F |
| 119 | 10016 | RASIKA P. MAHAJAN   | 47/F |
| 120 | 11579 | HARIBHAU A. SONAR   | 51/M |
| 121 | 11661 | ANAYASHA V. SHARMA  | 18/F |
| 122 | 11693 | UTTAM R. PAGARE     | 45/M |
| 123 | 11720 | ARJUN S. GAJARE     | 41/M |
| 124 | 11759 | MEENA R. UKIRE      | 42/F |
| 125 | 11768 | MAHESH K. SARANJAME | 51/M |
| 126 | 11856 | SARLA J. JADHAV     | 27/F |
| 127 | 11884 | SAVITA R.GAIKWAD    | 28/F |
| 128 | 11931 | SARLA D. THORAT     | 48/F |
| 129 | 10473 | RANJIT S. DESHMANE  | 42/M |
| 130 | 10495 | NEHA T. BODHALE     | 27/F |
| 131 | 11303 | SONALI V.SUPE       | 30/F |
| 132 | 11242 | SANJAY B. SHISATH   | 41/M |
| 133 | 12059 | ARUN P. JADHAV      | 51/M |
| 134 | 12077 | MADHURI A. NIMKUNDE | 21/F |
| 135 | 12165 | MAHESH P DEORE      | 45/M |
| 136 | 12170 | ANJALI A. PAWAR     | 35/F |
| 137 | 12251 | VISHWAS A. KOPRE    | 51/M |
| 138 | 10886 | ARUNA V. PARDESHI   | 51/F |
| 139 | 10916 | RAKESH R. THORAT    | 38/M |
| 140 | 12319 | PRAJAKTA S. JADHAV  | 32/F |
| 141 | 12342 | SANTOSH P. AHIRE    | 42/M |
| 142 | 12383 | MANOJ B. SADAFULE   | 51/M |
| 143 | 12406 | NITA R. MATHE       | 48/F |
| 144 | 12440 | SAURABH G. KULKARNI | 38/M |
| 145 | 10373 | VILAS R. SHINDE     | 51/M |
| 146 | 10412 | ROHINI N. JADHAV    | 31/F |
| 147 | 10431 | SUNIL K. SHIRPURE   | 48/M |
| 148 | 10886 | ARUNA V. PARDESHI   | 51/F |
| 149 | 10916 | RAKESH R. YADAV     | 38/M |
| 150 | 12533 | SATYAM S. SANKLECHA | 48/M |

|     |       |                         |      |
|-----|-------|-------------------------|------|
| 151 | 11427 | RAJNI S. BHOYE          | 44/F |
| 152 | 11461 | SARIKA N. NIKAM         | 34/F |
| 153 | 12633 | SMITA R. POTINDE        | 34/F |
| 154 | 12649 | ASHOK P. KSHIRSAGAR     | 49/M |
| 155 | 12669 | MANUSH S. KADAM         | 38/M |
| 156 | 12741 | BHAGYASHREE R. SONAWANE | 50/F |
| 157 | 12780 | SURESH M. KUMBHARE      | 51/M |
| 158 | 11579 | HARIBHAU A. SONAR       | 51/M |
| 159 | 12854 | SANVI R. CHAVHAN        | 22/F |
| 160 | 12877 | MADHAVI K. MANE         | 31/F |
| 161 | 12943 | MADHAVI A. GAVLI        | 52/F |
| 162 | 11661 | ANAYASHA V. SHARMA      | 18/F |
| 163 | 11693 | UTTAM R. PAGARE         | 45/M |
| 164 | 11720 | ARJUN S. GAJARE         | 41/M |
| 165 | 13032 | PRASHANT R. PAWAR       | 42/M |
| 166 | 13057 | DIVYA R. PATIL          | 40/F |
| 167 | 13177 | SADASHIV D. MAHAJAN     | 41/M |
| 168 | 13249 | SUNITA V. MORE          | 41/F |
| 169 | 13333 | NAMRATA Y. SHINDE       | 30/F |
| 170 | 13349 | KIRTI R. PARDESHI       | 24/F |
| 171 | 13426 | GEETA P. UGALE          | 48/F |
| 172 | 12633 | SMITA R. POTINDE        | 34/F |
| 173 | 12649 | ASHOK P. KSHIRSAGAR     | 49/M |
| 174 | 12669 | MANUSH S. KADAM         | 38/M |
| 175 | 13604 | MILIND R. SALVI         | 37/M |
| 176 | 13632 | DIPALI V. SHELKE        | 45/F |
| 177 | 12533 | SATYAM S. SANKLECHA     | 48/M |
| 178 | 13722 | USHA R. BHOR            | 38/F |
| 179 | 13740 | NIDHI A. BORADE         | 25/F |
| 180 | 13785 | MAHESH S. NIKAM         | 28/M |
| 181 | 13813 | KANTA B. BAGUL          | 49/F |
| 182 | 13894 | RENUKA S. MARATHE       | 47/F |
| 183 | 13880 | VAISHNAVI S. BHOSALE    | 27/F |
| 184 | 13941 | MINAKSHI R. SANAP       | 52/F |
| 185 | 13970 | RAJESH P. SHIRSATH      | 48/M |
| 186 | 10954 | NANDU A. PAGARE         | 52/M |
| 187 | 10984 | SUNITA S. POSHINDE      | 49/F |
| 188 | 14177 | MAHADEV S. KOLPE        | 51/M |
| 189 | 10302 | SWATI S. SHIRPURE       | 32/F |

|     |       |                      |      |
|-----|-------|----------------------|------|
| 190 | 14221 | RAJASHREE S GAVANDE  | 39/F |
| 191 | 14244 | NILAM S. GUNJAL      | 44/F |
| 192 | 11343 | SEEMA G. MAHAJAN     | 41/F |
| 193 | 11367 | KAILAS P. WAGH       | 48/M |
| 194 | 14352 | CHHAYA S. VADNERE    | 38/F |
| 195 | 10077 | VISHAKHA S. WANKHEDE | 32/F |
| 196 | 14546 | SHIVANI V. GOJIRE    | 43/F |
| 197 | 14513 | BHASKAR V. PAWAR     | 53/M |
| 198 | 13555 | DEVRAM M. RANADE     | 55/M |
| 199 | 14635 | LEENA A. WAKHARKAR   | 36/F |
| 200 | 14797 | SHANTA K. DHUPE      | 51/F |
| 201 | 12943 | MADHAVI A. GAWALI    | 52/F |
| 202 | 14177 | MAHADEV S. KOLPE     | 51/M |
| 203 | 15135 | RAMKUMAR D. RAJGURU  | 45/M |
| 204 | 13722 | USHA R. BHOR         | 38/F |
| 205 | 13740 | NIDHI A. BORADE      | 25/F |
| 206 | 13632 | DILIP V. SHELKE      | 37/M |
| 207 | 13604 | MILIND R. SALVI      | 37/M |
| 208 | 13941 | MINAKSHI R. SANAP    | 52/F |
| 209 | 13970 | RAJESH T. SHIRSATH   | 48/M |
| 210 | 15721 | MITHIBAI T. DEORE    | 56/F |
| 211 | 15770 | SAROJ D. DEVGIRE     | 49/F |
| 212 | 15878 | SHARAD S. VASAVE     | 58/M |
| 213 | 15981 | SHALINI N. BAGUL     | 51/F |
| 214 | 16073 | UMASHANKAR K. DAS    | 55/M |
| 215 | 16187 | POOJA P. NANDE       | 38/F |
| 216 | 16291 | YAMUNA G> AHIRE      | 58/F |
| 217 | 4172  | KAVITA Y. GAIKWAD    | 30/F |
| 218 | 16370 | SHIVANYA K. UDGIR    | 38/F |
| 219 | 16441 | SHIVAJI R KASTURE    | 51/M |
| 220 | 15458 | VIDYA K. PARSEKAR    | 50/F |
| 221 | 16537 | NITIN D. PARDESHI    | 56/M |
| 222 | 16679 | SANJAY D. KUTE       | 51/M |
| 223 | 16800 | RAGINI M. JOSHI      | 43/F |
| 224 | 16892 | PARVATI U JAGTAP     | 50/F |
| 225 | 16949 | ASHISH V. KUDALE     | 48/M |
| 226 | 17046 | ANIL S. PAWAR        | 49/M |
| 227 | 17111 | ANITA V. KARADKAR    | 51/F |
| 228 | 17122 | ARNAV S. SINKAR      | 38/M |

|     |       |                       |      |
|-----|-------|-----------------------|------|
| 229 | 17278 | KAILAS R. KHAIRE      | 48/M |
| 230 | 17318 | SAGAR D. SABLE        | 37/M |
| 231 | 17408 | RADHA R. PATHI.       | 45/F |
| 232 | 17388 | RUPALI S. SURYAWANSHI | 31/F |
| 233 | 17494 | VIVEK K.UGALE         | 48/M |
| 234 | 17826 | SARANG N. JOSHI       | 28/M |
| 235 | 17895 | KAMAL B. KHARE        | 47/F |
| 236 | 17928 | VIDYA S. GOSAVI       | 51/F |
| 237 | 18016 | RACHANA A. SONAWANE   | 27/F |
| 238 | 18216 | SUDHAKAR GONE         | 53/M |

  
G. D.  
Sudhakarrao Dept.  
S. A. M. & H. Nasti



  
**Principal**  
Vd. Milind Babarao Aware  
Shree Saptashringi Ayurved  
Mahavidyalaya & Hospital, Nashik





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## THERAPEUTIC YOGA – ASANA OPD PATIENT LIST 2022

| SR NO. | CR OPD NO | NAME OF PATIENT       | AGE/SEX |
|--------|-----------|-----------------------|---------|
| 1      | 179       | VIKRAM B SONAWANE     | 40/M    |
| 2      | 415       | DNYANESHWAR M RAUT    | 30/M    |
| 3      | 443       | AVINASH A PATIL       | 35/M    |
| 4      | 727       | SUNITA A PAWAR        | 42/F    |
| 5      | 900       | SHREYA A SHINDE       | 35/F    |
| 6      | 911       | JANHAVI B MIRE        | 48/F    |
| 7      | 1030      | ANITA N MORE          | 30/F    |
| 8      | 1481      | MALTI R CHAUDHARI     | 28/F    |
| 9      | 1551      | HEMALI V PATIL        | 32/F    |
| 10     | 1603      | KUNAL A SHINDE        | 38/M    |
| 11     | 1788      | PANKAJ B MANDE        | 36/M    |
| 12     | 1901      | ARJUN N BHAMARE       | 40/M    |
| 13     | 2149      | KETAKI R SHENDE       | 40/F    |
| 14     | 2229      | SHRIRAM R PAWAR       | 36/M    |
| 15     | 2362      | RISHI R RAMCHANDANI   | 32/F    |
| 16     | 2548      | PRASAD S JOSHI        | 51/M    |
| 17     | 2624      | SAMEER S CHAUGHULE    | 45/M    |
| 18     | 2669      | DNYASHWARI R BHAVAR   | 43/F    |
| 19     | 2750      | KANCHIBEN J PATEL     | 60/F    |
| 20     | 2759      | NAKUL N SANGAMNERE    | 36/M    |
| 21     | 2862      | PRAMILA S KAUR        | 34/F    |
| 22     | 3003      | VIKAS A MORE          | 49/M    |
| 23     | 3033      | VRUSHALI D PATIL      | 31/F    |
| 24     | 3303      | RESHMA F PATIL        | 34/F    |
| 25     | 3529      | VIMAL M PATIL         | 40/M    |
| 26     | 3635      | MANOJ K GORE          | 36/M    |
| 27     | 3708      | ALAIKNANDA P SONAWANE | 34/F    |
| 28     | 3798      | SUNITA A PARAB        | 35/F    |
| 29     | 3908      | ROHINI U GHARTE       | 32/F    |
| 30     | 4018      | RAJENDRA S PAWAR      | 25/M    |
| 31     | 4161      | ROHINI R IJALKAR      | 40/F    |
| 32     | 4264      | SNEHAL U DESHMUKH     | 35/F    |

|     |       |                       |      |
|-----|-------|-----------------------|------|
| 72  | 10247 | VIJAY S KOLI          | 37/M |
| 73  | 10811 | POONAM B NIKAM        | 40/F |
| 74  | 10937 | PRATIBJA Y YADAV      | 28/F |
| 75  | 11026 | DEEPAK A KANADE       | 32/F |
| 76  | 11096 | DATTA S KALE          | 42/M |
| 77  | 11186 | BABITA J SHINDE       | 36/F |
| 78  | 11192 | LATA M PHUPAPTE       | 40/F |
| 79  | 11390 | SHIVANSH M SHARMA     | 25/M |
| 80  | 11478 | SANTOSH P SHINDE      | 40/M |
| 81  | 11494 | SUNANDA R PANDE       | 30/F |
| 82  | 11566 | SUNANDA S JOSHI       | 54/F |
| 83  | 11729 | MANASI K KHATOTE      | 40/F |
| 84  | 11735 | VANDA M TAK           | 36/F |
| 85  | 11849 | BHARTI S SURYA WANSHI | 35/F |
| 86  | 12196 | JYOTI M KAPATE        | 32/F |
| 89  | 12242 | SUSHMA G GAIKWAD      | 30/F |
| 90  | 12282 | KISHOR V AAPTE        | 40/M |
| 91  | 12315 | VISHAKHA R KAPSE      | 37/F |
| 92  | 12419 | AANGHA D SHINDE       | 35/F |
| 93  | 12474 | ANITA R SONAR         | 30/F |
| 94  | 12588 | BHAYAGSHREE A GHOLAP  | 28/F |
| 95  | 12679 | YOGITA N PAWAR        | 39/F |
| 96  | 12693 | SANTOSH S ATHAVLE     | 45/M |
| 97  | 12709 | NAMITA M PANDIT       | 35/F |
| 98  | 12869 | MEERA R MORE          | 30/F |
| 99  | 12968 | MOHINI S MORE         | 38/F |
| 100 | 12988 | RAMESGWAR S POL       | 35/M |
| 101 | 13180 | DINESH R SHARMA       | 29/M |
| 102 | 13210 | RATNA R PUROHIT       | 32/F |
| 103 | 13284 | ASHWINI R PATIL       | 29/F |
| 104 | 13378 | RATAN K BHALERAO      | 32/M |
| 105 | 13547 | PRITESH A PAGAR       | 45/M |
| 106 | 13616 | AVINASH A GHANEKAR    | 38/M |
| 107 | 13758 | MEENAKSHI R THAKUR    | 30/F |
| 108 | 13888 | RATNA A THAKARE       | 28/F |
| 109 | 13901 | ANITA A CHAVAN        | 25/F |
| 110 | 13919 | RAKESH A DESHMUKH     | 32/M |
| 111 | 14124 | SANGITA R TIWARI      | 34/F |
| 112 | 14486 | AVINASH A DESHPANDE   | 28/M |

|     |       |                         |      |
|-----|-------|-------------------------|------|
| 113 | 14010 | PREMADEVI K VISHWAKARMA | 58/F |
| 114 | 14565 | SNEHA A KALE            | 32/F |
| 115 | 14729 | SUVARNA A PAWAR         | 38/F |
| 116 | 14733 | SUSHILA R WANI          | 35/F |
| 117 | 14835 | ARVIND G SHIRSATH       | 32/M |
| 118 | 14855 | SUREKHA R SHIMPI        | 28/F |
| 119 | 14933 | SIDDESH R SONAR         | 32/M |
| 120 | 15105 | KRUTIKA R PATIL         | 31/F |
| 121 | 15134 | KUNAL A JADHAV          | 34/M |
| 122 | 15221 | PRATIBHA R BHANDARE     | 35/F |
| 123 | 15810 | GAURI A SHIRSATH        | 33/F |
| 124 | 16074 | NARESH S KANDE          | 33/M |
| 125 | 16169 | SAMIKSHA A JADHAV       | 31/F |
| 126 | 16361 | VIDYA R PAGARE          | 33/F |
| 127 | 16581 | RAMCHANDRA S PATIL      | 30/M |
| 128 | 16660 | SAVITA R JADHAV         | 29/F |
| 129 | 16776 | GANESH R JAGTAP         | 32/M |
| 130 | 16903 | MANISHA R KAJNE         | 40/F |
| 131 | 16965 | BHAGAVAT D PAWAR        | 32/M |
| 132 | 17074 | SOHEL V PATIL           | 35/M |
| 133 | 17313 | PRASAD A PATIL          | 35/M |
| 134 | 17403 | BHUSHAN C JAINKAR       | 42/M |
| 135 | 17501 | RENUKA A JAYBHAY        | 32/F |
| 136 | 17607 | SHALINI R MORE          | 34/F |
| 137 | 17613 | SUJATA R GOTMARE        | 47/F |
| 138 | 17673 | VIPUL A BASTE           | 37/M |
| 139 | 17875 | SHOBHABAI J GULHATE     | 43/F |
| 140 | 17978 | VILASINI B MHASKE       | 38/F |
| 141 | 18100 | GOKUL D MADE            | 54/M |
| 142 | 18371 | PRAJAKTA S GAIKWAD      | 31/F |
| 143 | 18444 | SAMEEKSHA R CHILWANT    | 23/F |
| 144 | 18524 | SUNITA A MORE           | 39/F |
| 145 | 18546 | NIKITA S KHANVILKAR     | 32/F |
| 146 | 18595 | ALKA K PAGAR            | 48/F |
| 147 | 18606 | ROHINI S JOSHI          | 32/F |
| 148 | 18836 | MAYURI A SONAWANE       | 30/F |
| 149 | 19058 | ROSHANI S WAGH          | 40/F |
| 150 | 19060 | AVINASH R DESAI         | 38/M |
| 151 | 19290 | PRATIKSHA I SHARMA      | 38/F |

|     |       |                     |      |
|-----|-------|---------------------|------|
| 152 | 19386 | KAVITA A SHARMA     | 40/F |
| 153 | 19698 | MAYANK R PUROHIT    | 40/M |
| 154 | 19806 | REVATI A BACHAV     | 45/F |
| 155 | 19815 | AKANKSHA R JADHAV   | 42/F |
| 156 | 20016 | SNEHAL A JOSHI      | 32/F |
| 157 | 20171 | SHRUTI U GAIKWAD    | 32/F |
| 158 | 20294 | NIKHIL B PAGARE     | 24/M |
| 159 | 20430 | VAISHNAVI A JOSHI   | 24/F |
| 160 | 20523 | NEHA R PATIL        | 38/F |
| 161 | 20635 | POORVA A BAVISKAR   | 24/F |
| 162 | 20912 | SUJATA R GAIKWAD    | 34/F |
| 163 | 21188 | TANVI A KARADE      | 40/F |
| 164 | 21228 | DIPALI A VYAVAHARE  | 35/F |
| 165 | 21400 | ANITA S RAGHAV      | 34/F |
| 166 | 21569 | SANTOSH M KALE      | 40/M |
| 167 | 21579 | SHUBHAM S SHARMA    | 28/M |
| 168 | 21666 | SONA K GAIKWAD      | 44/F |
| 169 | 21849 | KAMAL R HIRE        | 40/F |
| 170 | 21965 | LATIKA A BORSTA     | 31/F |
| 171 | 22445 | SUREKHA A GAUNGURDE | 42/F |
| 172 | 22602 | SANGITA R PAWAR     | 38/F |
| 173 | 22665 | SAKSHI A GAIKWAD    | 28/F |
| 174 | 22741 | RAVI V KOLI         | 38/M |
| 175 | 22835 | HEMLATA V DETHE     | 47/F |
| 176 | 22932 | SAMEEKSHA K PAWAR   | 35/F |
| 177 | 23102 | SARALA V SHARMA     | 32/F |
| 178 | 24139 | ASHABAI S AHIRE     | 40/F |
| 179 | 24135 | NITIN A DEORE       | 35/M |
| 180 | 24225 | NIRAMLA B WAGH      | 42/F |
| 181 | 24316 | KAILAS R JADHAV     | 37/M |
| 182 | 24519 | NITIN A THAKARE     | 40/M |
| 183 | 24634 | SHIVANI R AHIRE     | 25/F |
| 184 | 24709 | ASHWINI P SHINDE    | 45/F |
| 185 | 24777 | SAVITA K JADHAV     | 38/F |
| 186 | 25061 | RAMESH N SULAKHE    | 54/M |
| 187 | 25252 | KALYANI G GAIKWAD   | 38/F |
| 188 | 25376 | MADAN K MAHAJAN     | 35/M |
| 189 | 25534 | ANURADHA P JADHAV   | 38/F |
| 190 | 25749 | MAYA B NIKAM        | 62/F |

|     |       |                         |      |
|-----|-------|-------------------------|------|
| 191 | 25802 | SANGITA S MANE          | 30/F |
| 192 | 25896 | GULSHAN K KATHARIYA     | 32/M |
| 193 | 26121 | TAMNA B PHAD            | 42/F |
| 194 | 26222 | RAJASHRI S SARADA       | 38/F |
| 195 | 26322 | SARALA D JOSHI          | 52/F |
| 196 | 26437 | ANJALI S KARANDE        | 35/F |
| 197 | 26419 | DNYANESHWAR M NAMSHINGH | 50/M |
| 198 | 26484 | VANDANA S MESHRAM       | 32/F |
| 199 | 26049 | JANHAVI M SHIRSATH      | 53/F |
| 200 | 26581 | SUNITA D BADE           | 35/F |
| 201 | 26597 | MAYUR S JADHAV          | 48/M |
| 202 | 26738 | VANITA A KENDRE         | 40/F |
| 203 | 26804 | JAYA S BHOJAPANI        | 42/F |
| 204 | 26810 | MIRA S BHOJAPANI        | 42/F |
| 205 | 26437 | ANJALI S KARANDE        | 35/F |
| 206 | 26419 | DNYANESHWAR M NAMSINGH  | 50/M |
| 207 | 27450 | MALA N PANJABI          | 33/F |
| 208 | 27540 | SUVARANA D KALE         | 27/F |
| 209 | 27557 | SUNITA R CHAUDHARI      | 38/F |
| 210 | 27633 | SANTOSH V DESHPANDE     | 40/M |
| 211 | 27860 | TEJAS R BAGUL           | 32/M |
| 212 | 28073 | ABHIJEET P BEDASE       | 49/M |
| 213 | 28112 | SUBHADRA K SATPUTE      | 39/F |
| 214 | 28258 | KAVITA S DESHMUKH       | 42/F |

  
**H. O. D.**  
**Swasthavritta Dept.**  
**S.S.A.M. & H. Nashik**



  
**Principal**  
**Vd. Milind Babarao Aware**  
**Shree Saptashrungi Ayurved**  
**Mahavidyalaya & Hospital, Nashik**



# SHREE SAPTASHRUNGI AYURVED MAHAVIDYALAYA & HOSPITAL

Kamal Nagar, Hirawadi, Panchavati, Nashik - 422 003. | Tel.: (0253) 2621565 (College) | (Hosp.) 2518548  
Fax : (0253) 2621638 • E-mail : ssamnsk@gmail.com • website : www.ssam.in

## THERAPEUTIC YOGA – ASANA OPD PATIENT LIST 2021

| SR. NO. | CR.NO.O.P.D | NAME OF PATIENT       | AGE/SEX |
|---------|-------------|-----------------------|---------|
| 1       | 8           | SUSHMA N. MALODE      | 45/F    |
| 2       | 38          | SUNIL N. SHINDE       | 40/M    |
| 3       | 51          | MITALI S. SANAP       | 32/F    |
| 4       | 90          | SAMPAT K. RAKIBE      | 43/M    |
| 5       | 258         | SUREKHA R. GOGATE     | 48/F    |
| 6       | 283         | VIDULA R. PALVE       | 22/F    |
| 7       | 305         | SUNIL S. MAGAR        | 38/M    |
| 8       | 441         | SADASHIV J. SHASTRI   | 53/M    |
| 9       | 468         | ASHWINI D. MHASKARE   | 32/F    |
| 10      | 558         | SUNITA R. SHASTRI     | 38/F    |
| 11      | 706         | SUMAN Y. JADHAV       | 44/F    |
| 12      | 737         | VIMAL K. AWHAD        | 62/F    |
| 13      | 854         | YASHODABAI V. SONGIRE | 51/F    |
| 14      | 888         | KAJAL B. BORHADE      | 32/F    |
| 15      | 1023        | JIDNYASA S. BORKHADE  | 30/F    |
| 16      | 1180        | SHRIKANT V. WAGH      | 63/M    |
| 17      | 1276        | CHAITNYA K. CHAVAN    | 48/M    |
| 18      | 1306        | VIJAY B. PATIL        | 46/M    |
| 19      | 1401        | SURESH R. PATIL       | 40/M    |
| 20      | 1443        | MILIND S. GAIKWAD     | 40/M    |
| 21      | 1533        | JANVHI R. MAHALE      | 50/F    |
| 22      | 1560        | ASHWINI B. KOLI       | 24/F    |
| 23      | 1618        | NIKITA M. DEORE       | 40/F    |
| 24      | 1633        | KAVYARAJ H. PATIL     | 43/M    |

|    |      |                      |      |
|----|------|----------------------|------|
| 25 | 1646 | SHARDHA N. RAUT      | 38/F |
| 26 | 1707 | VISHAL D. PAWAR      | 50/M |
| 27 | 1836 | KIRAN R. BACHHAV     | 37/F |
| 28 | 1954 | ADITYA A. PATIL      | 41/M |
| 29 | 1968 | AVANTI V. AHER       | 29/F |
| 30 | 2112 | PRIYANKA R. KHEDEKAR | 36/F |
| 31 | 2203 | KRISHNA G. PAWAR     | 38/M |
| 32 | 2274 | SAYALI P.SONAWNE     | 38/F |
| 33 | 2294 | HIRABAI S. PATIL     | 49/F |
| 34 | 2397 | ROHINI R. DESHPANDE  | 49/F |
| 35 | 2493 | GAYABAI R MAHESHWARI | 67/F |
| 36 | 2588 | MADHURI R PAWAR      | 34/F |
| 37 | 2606 | MAYURI S PATIL       | 40/F |
| 38 | 2706 | RANJAN R SHINDE      | 42/F |
| 39 | 2823 | YOGINI A CHAUDHARI   | 36F  |
| 40 | 2910 | MANISHA M MATRE      | 34/F |
| 41 | 3166 | ARUN K PATIL         | 38/M |
| 42 | 3273 | SAYALI H THOKE       | 45/F |
| 43 | 3304 | SANGITA G PATIL      | 45/F |
| 44 | 3545 | ACHHUT R GUJRATHI    | 29/M |
| 45 | 3577 | LALA A PATHAN        | 40/M |
| 46 | 3747 | RAJASHREE A KALE     | 42/F |
| 47 | 4203 | UMESH J DEORE        | 35/M |
| 48 | 4269 | POOJA M KADAM        | 37/F |
| 49 | 4283 | MADHURA S JADHAV     | 32/F |
| 50 | 4557 | NAVED A PATHAN       | 32/M |
| 51 | 4713 | VAIBHAV R SAPKALE    | 45/M |
| 52 | 4726 | PRATHMESH J PAWAR    | 49/M |

|    |      |                       |      |
|----|------|-----------------------|------|
| 53 | 4854 | PIYUSH A GANORE       | 31/M |
| 54 | 5185 | JALIMA M SHAIKH       | 34/F |
| 55 | 5214 | MEHERUNNISA BAKHTIYAR | 40/F |
| 56 | 5310 | MAHESH B. GHATTAMLENI | 40/M |
| 57 | 5470 | SUMEDH P NIKAM        | 48/M |
| 58 | 5515 | MINA S. PARTVAL       | 65/F |
| 59 | 5647 | RAMESH M PAWAR        | 61/M |
| 60 | 5756 | SHANTABAI P CHAVAN    | 61/F |
| 61 | 5939 | DHANANJAY S PAWARA    | 48/M |
| 62 | 6295 | SUSHMITA V BHADANE    | 30/F |
| 63 | 6308 | GAYATRI M FADAKE      | 30/F |
| 64 | 6469 | MANGAL S MUNDE        | 38/M |
| 65 | 6768 | RADHIKA V PATIL       | 38/F |
| 66 | 6843 | BHAGYASHREE S JADHAV  | 28/F |
| 67 | 6880 | NEHA J PATIL          | 30/F |
| 68 | 7041 | VANITA M BHALERAO     | 45/F |
| 69 | 7126 | MANISH V WAGH         | 42/M |
| 70 | 7256 | JANAKIBAI V KHARODE   | 60/F |
| 71 | 7450 | RANJANA A KALE        | 42/F |
| 72 | 7465 | PRAJAKTA R PATIL      | 39/F |
| 73 | 7803 | BHUPENDRA R ANAVADE   | 35/M |
| 74 | 7932 | ANJALI R AHIRRAO      | 45/F |
| 75 | 8039 | SUKHDEV R JADHAV      | 36/M |
| 76 | 8208 | PRITAM S PATIL        | 36/M |
| 77 | 8183 | VAIBHAV R BIDVAI      | 40/M |
| 78 | 8312 | DHANANJAY R AVHAD     | 32/M |
| 79 | 8346 | ABOLEE S CHAURE       | 35/F |
| 80 | 8589 | KANCHAN A DESAI       | 43/F |



|     |       |                        |      |
|-----|-------|------------------------|------|
| 81  | 8740  | SHARVARI D PAWAR       | 35/F |
| 82  | 8828  | VARSHA R BHALERAO      | 35/F |
| 83  | 8842  | AVINASH D PAGARE       | 35/M |
| 83  | 9031  | YASHODA R MANKAR       | 36/F |
| 84  | 9128  | NEETA S KHAROTE        | 51/F |
| 85  | 9324  | MEGHNA R CHAVAN        | 38/F |
| 86  | 9385  | PRIYANKA A BAGUL       | 36/F |
| 87  | 9958  | MALTI B DAGADE         | 45/F |
| 88  | 9992  | SUMIT V SARKAR         | 40/M |
| 89  | 10132 | MADHURABAI B NIKAM     | 53/F |
| 90  | 10232 | DEEPA A RATNAPARKHE    | 50/F |
| 91  | 10240 | USHA M PARSHURAMI      | 54/F |
| 92  | 10330 | RADHA R SHELKE         | 39/F |
| 93  | 10438 | HIRABAI D JAIN         | 64/F |
| 94  | 10489 | NARMADA S SONAWANE     | 32/F |
| 95  | 10629 | PRADNYA N SHEWALE      | 31/F |
| 96  | 10655 | SOMNATH D JADHAV       | 39/M |
| 97  | 10673 | LAVNYA V SONAR         | 33/F |
| 98  | 10785 | LILABAI K ADHAV        | 42/F |
| 99  | 10826 | CHANDRASHEKHAR S PATIL | 35/M |
| 100 | 10978 | JYOTI G THENGE         | 35/F |
| 101 | 10984 | REKHA S PATIL          | 37/F |
| 102 | 11121 | SWARA R VYAS           | 44/F |
| 103 | 11425 | BHAMABAI S SONAWANE    | 68/F |
| 104 | 11548 | TARASINGH B PAWARA     | 60/M |
| 105 | 11837 | MUKUND K KHAROTE       | 52/M |
| 106 | 12118 | SHARMILA B JAIN        | 50/F |
| 107 | 12180 | PRAMILA R PADHARKAR    | 38/F |

|     |       |                      |      |
|-----|-------|----------------------|------|
| 108 | 12285 | TARABAI S DANE       | 55/F |
| 109 | 12410 | NARENDRA D JAIN      | 42/M |
| 110 | 12558 | PARASHRAM P DEORE    | 75/M |
| 111 | 12593 | VILAS C DEORE        | 45/M |
| 112 | 12687 | YASHODABAAI S MATE   | 52/F |
| 113 | 12862 | VISHAL V KAMAT       | 46/M |
| 114 | 12927 | KAVITA A DESHPANDE   | 42/F |
| 115 | 13226 | RAMBHAU S DHIWARE    | 43/M |
| 116 | 13309 | TRUPTI S PAWAR       | 35/F |
| 117 | 13981 | RAJESHWARI S BHOSALE | 33/F |
| 118 | 14034 | MAYUR P SONAWANE     | 38/M |
| 119 | 14209 | SONAM K SOLANKI      | 30/F |
| 120 | 14249 | PRIYANKA T PATIL     | 30/F |
| 121 | 14328 | VINITA A JADHAV      | 38/F |
| 122 | 14349 | ANIL S JADHAV        | 45/M |
| 123 | 14361 | AISHWARYA P DHONDE   | 35/F |
| 124 | 14391 | KALYANI V CHAVAN     | 38/F |
| 125 | 14426 | REVATI A THETE       | 35/F |
| 126 | 14517 | PRAKASH J RATHOD     | 40/M |
| 127 | 14599 | SARITA S KHAIRE      | 45/F |
| 128 | 14622 | SITA M NIMBALKAR     | 48/F |
| 129 | 14701 | SANGITA S KASARE     | 40/F |
| 130 | 14720 | RADHA G YADAV        | 30/F |
| 131 | 17015 | SARGI V MISHRA       | 32/F |
| 132 | 17290 | CHINMAYI S GURAV     | 23/F |
| 133 | 17389 | SWATI C MORE         | 32/F |
| 134 | 17491 | SONIKA V KUMAVAT     | 37/F |
| 135 | 17652 | NIRMALA S JADHAV     | 38/F |

|     |       |                     |      |
|-----|-------|---------------------|------|
| 137 | 17800 | VINAY D KAMBALE     | 31/M |
| 138 | 17822 | SAYALI R WAGH       | 29/F |
| 139 | 17962 | ABHUIT M SAWANT     | 39/M |
| 140 | 17975 | RAMA S MORE         | 50/M |
| 141 | 17984 | PRACHI N SONAWANE   | 35/F |
| 142 | 17999 | KANCHAN P INGALE    | 38/F |
| 143 | 18062 | SHIVANI M POTINDE   | 40/F |
| 144 | 18077 | SHIVANI M PANDE     | 30/F |
| 145 | 18418 | ARUSHI J YEWALE     | 56/M |
| 146 | 18541 | AARADHYA K SONAWANE | 37/F |
| 147 | 18601 | AHILYA S AHIRE      | 38/F |
| 148 | 18617 | KAILAS T AHER       | 48/M |
| 149 | 18760 | GAURI P NAYAK       | 27/F |
| 150 | 18853 | SUNIL K KARE        | 36/M |
| 151 | 18867 | KAILAS J KOTE       | 40/M |
| 152 | 18976 | MADHAV A KANADE     | 28/M |
| 153 | 19241 | VAIBHAVI S UGALE    | 35/F |
| 154 | 19294 | SUVARNA K HINGANE   | 32/F |
| 155 | 19411 | ANITA S KADAM       | 43/F |
| 156 | 19489 | SUSHILA S PAWAR     | 42/F |
| 157 | 19554 | DILIP B PAWAR       | 57/M |
| 158 | 19631 | MEDHA M KHAI RNAR   | 45/F |
| 159 | 19865 | SHARAD A SHINDE     | 35/M |
| 160 | 19933 | UJWALA P GUJAR      | 34/F |
| 161 | 19986 | AMRUTA M JAIN       | 38/F |
| 162 | 20021 | ALKABAI D BACHHAV   | 52/F |
| 163 | 20090 | SUNITA D PAWARA     | 39/F |
| 164 | 20173 | JYOTI S BADGUJAR    | 32/F |

|     |       |                     |      |
|-----|-------|---------------------|------|
| 165 | 20239 | SAMIR R CHANDRATRE  | 39/M |
| 166 | 20743 | RAJENDRA B PAWAR    | 45/M |
| 167 | 20835 | VANDANA S DEORE     | 39/F |
| 168 | 20882 | CHETNA V SONAWANE   | 30/F |
| 169 | 20908 | ROHINI R BORSE      | 28/F |
| 170 | 21121 | ALKA S PARANJAPE    | 35/F |
| 171 | 21238 | PREETI J DESALE     | 28/F |
| 172 | 21751 | ATMARAM S JADHAV    | 54/M |
| 173 | 21839 | KAVITA T SONAWANE   | 40/F |
| 174 | 21891 | RUPALI R KULKARNI   | 34/F |
| 175 | 21904 | KOMAL S LOKHANDE    | 30/F |
| 176 | 22236 | ANKITA S LOKHANDE   | 36/F |
| 177 | 22266 | KISHOR S NIMBALKAR  | 42/M |
| 178 | 22455 | CHETNA I SONAWANE   | 30/F |
| 179 | 22513 | PRIYANKA Y VASAIKAR | 32/F |
| 180 | 22619 | MALATI R WAGH       | 46/F |
| 181 | 22642 | BHUSHAN H BAWISKAR  | 36/M |
| 182 | 22683 | ABDUL G SHAIKH      | 42/M |
| 183 | 22703 | GARGI K NAHIRE      | 33/F |
| 184 | 22878 | CHAYABAI P MORE     | 42/F |
| 185 | 22899 | JYOTI S GURAV       | 36/F |
| 186 | 23029 | SHIVANI S APATE     | 38/F |
| 187 | 23186 | RAJENDRA B KALE     | 35/M |
| 188 | 23216 | SUNITA D SHINDE     | 40/F |
| 189 | 23312 | HITENDRA R BADGUJAR | 42/M |
| 190 | 23386 | SUMAN D SURYAWANSHI | 25/F |
| 191 | 23415 | PALLAVI A KORDE     | 38/F |
| 192 | 23570 | PRATIBHA V SOLANKI  | 30/F |

|     |       |                      |      |
|-----|-------|----------------------|------|
| 193 | 23735 | HARISHTA P PATIL     | 32/F |
| 194 | 23779 | ASHOK D AHIRE        | 43/M |
| 195 | 23868 | PRIYA A BAPAT        | 30/F |
| 196 | 24093 | PRATIK A SHEWALE     | 45/M |
| 197 | 24394 | ABOLEE P PAWAR       | 38/F |
| 198 | 24410 | MRUNMAYEE A SONAWANE | 34/F |
| 199 | 24495 | AMRUTA N PAWAR       | 42/F |
| 200 | 24479 | POOJA R PAWAR        | 30/F |
| 201 | 24815 | VAISHALI M CHAVAN    | 35/F |
| 202 | 24885 | SURESH A WAGH        | 40/M |

  
**H. O. D.**  
**Swasthavritta Dept.**  
**S.S.A.M. & H. Nashik**



  
**Principal**  
**Vd. Milind Babarao Awate**  
**Shree Saptashrunji Ayurved**  
**Mahavidyalaya & Hospital, Nashik**



# SHREE SAPTASHRUNGI AYURVED MAHAVIDYALAYA & HOSPITAL

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Fax : (0253) 2621638 • E-mail : ssamnsk@gmail.com • website : www.ssam.in

## ASANA OPD PATIENT LIST 2020

| SR.NO. | CR. OPD NO | NAME OF PATIENT       | AGE/SEX |
|--------|------------|-----------------------|---------|
| 1      | 548        | ANVAY.D.JOSHI         | 20/M    |
| 2      | 676        | RENUKA.R. SHAHANE     | 40/F    |
| 3      | 931        | PANDIT.V. GORE        | 40/M    |
| 4      | 940        | PRAVINA.A.KALE        | 38/F    |
| 5      | 1042       | SHARVARI.S.SHETE      | 40/F    |
| 6      | 1099       | YASHODHA.B.MANE       | 48/F    |
| 7      | 1505       | LAKSHMLP.VAGALABHANDE | 36/F    |
| 8      | 1699       | PRAMOD.S.JAISHWAL     | 31/M    |
| 9      | 2096       | PRATHAMESH.V.KAMATE   | 42/M    |
| 10     | 2179       | RENUKA.V.GAVAI        | 36/F    |
| 11     | 2303       | SUNITA.V.KEVARE       | 38/F    |
| 12     | 2392       | SUYOG.P.YEKANDE       | 34/M    |
| 13     | 2496       | TAIBALK.BHAUSAR       | 60/F    |
| 14     | 2732       | SANGITA.M.JOSHI       | 24/F    |
| 15     | 2977       | PRIYANKA.M.GODSE      | 28/F    |
| 16     | 3063       | SHOBHA.J.PAGAR        | 46/F    |
| 17     | 3088       | RAMAKRUSHNA.B.JADHAV  | 53/M    |
| 18     | 3240       | PAVAN.N.PARDHI        | 31/M    |
| 19     | 4001       | PALAVI.V.LAD          | 31/F    |
| 20     | 4096       | SHUBHAM.A.PAWAR       | 42/M    |
| 21     | 4182       | DIVYANSH.A.JAIBHAVE   | 22/M    |
| 22     | 4377       | PUNDALIK.S.AHER       | 55/M    |
| 23     | 4479       | VANITA.P.GANGURDE     | 45/F    |
| 24     | 4517       | SANDIP.P.JOSHI        | 30/M    |
| 25     | 4583       | CHETAN.B.BOLKE        | 35/M    |
| 26     | 4618       | AJIT.B.PARDESHI       | 39/M    |
| 27     | 4629       | PRAJAKTA.S.BEDARKAR   | 45/F    |
| 28     | 4714       | PRIYANKA.A.SADGIRE    | 50/F    |
| 29     | 4728       | MANOJ.B.SURYAWANSHI   | 54/M    |
| 30     | 4803       | PRACHI.S.DHIKALE      | 30/F    |
| 31     | 5203       | ROHIT.A.PAWAR         | 32/M    |
| 32     | 5447       | ANIL.S.MAHALE         | 39/M    |
| 33     | 5531       | ANITA.M.KALE          | 38/F    |

|    |      |                      |      |
|----|------|----------------------|------|
| 34 | 4902 | GITANJALI.S.PATIL    | 27/F |
| 35 | 5711 | RAMA.S.RANADE        | 60/F |
| 36 | 5834 | KAMLAKAR.R.HIRE      | 40/M |
| 37 | 5964 | HARSHITA.M.PAGAR     | 42/F |
| 38 | 6052 | USHA.V.NIKAM         | 39/F |
| 39 | 6173 | PUSHPA.A.GAIKWAD     | 60/F |
| 40 | 6368 | ASHWINI.D.KASAVE     | 39/F |
| 41 | 6435 | KOMAL.V.NAMDURE      | 42/F |
| 42 | 6504 | MANGAL.B.VAGH        | 51/F |
| 43 | 7036 | ASAWARI.D.NEHOTE     | 40/F |
| 44 | 6052 | USHA.V.NIKAM         | 39/F |
| 45 | 5789 | RAJABHAU.R.JADHV     | 60/M |
| 46 | 5864 | HARSHITA.M.PAGAR     | 42/F |
| 47 | 6004 | JAYA KALASKAR        | 35/F |
| 48 | 5531 | ANITA.M.KALE         | 38/F |
| 49 | 6340 | ARUN.R.THAKRE        | 28/M |
| 50 | 5870 | YASHODHA.K.NETADE    | 20/F |
| 51 | 5596 | DISHA.E.PATHAN       | 22/F |
| 52 | 6744 | MINA.KALIDAS         | 52/F |
| 53 | 7327 | SURESH.N.PAWAR       | 41/M |
| 54 | 7334 | HEMLATA.V.PANAK      | 23/F |
| 55 | 7344 | PARINITA.A.SHINDE    | 30/F |
| 56 | 7390 | HIRALAL SONAJE       | 32/M |
| 57 | 6067 | AVINASH BAGHUL       | 40/M |
| 58 | 7514 | PRANJAL CHAVAN       | 25/F |
| 59 | 7716 | PRATIKSHA.S.YEVLEKAR | 40/F |
| 60 | 7845 | RAMESH MOHITE        | 32/M |
| 61 | 7952 | SAYOGITA.S.PATIL     | 50/F |
| 62 | 8006 | ASHOK.R.PEKHALE      | 28/M |
| 63 | 8031 | RUSHABH.P.MAHALE     | 26/M |
| 64 | 8238 | SUSHILA.K.SABALE     | 38/F |
| 65 | 8295 | CHITALI.V.JAREKAR    | 25/F |
| 66 | 8611 | KIRAN.J.MUSALE       | 28/M |
| 67 | 8850 | USHA.B.PAWAR         | 28/F |
| 68 | 9240 | ASHWINI.N.PARDHI     | 40/F |
| 69 | 8974 | KAVITA.D.SONAVNE     | 38/F |
| 70 | 9240 | ASHWINI.N.PARDHI     | 40/F |

|    |       |                     |      |
|----|-------|---------------------|------|
| 71 | 10501 | SUNIL.A.DESHMUKH    | 50/M |
| 72 | 11260 | KAJAL.D.PETHE       | 43/F |
| 73 | 11478 | KAMLESH.R.CHOUBE    | 30/M |
| 74 | 11762 | SHAM.S.BOBDE        | 30/M |
| 75 | 10839 | KAMAL.B.MORADE      | 26/F |
| 76 | 12471 | URMILA.R.MANDALE    | 40/F |
| 77 | 13096 | ANITA.A.AMBURE      | 30/F |
| 78 | 13334 | RENKITA.A.CHAUDHARI | 40/F |
| 79 | 1364  | BALASAHEB.D.JADHAV  | 59/M |
| 80 | 13816 | ASHWINI.S.DARADE    | 36/F |
| 81 | 13643 | BALASAHEB.D.JADHAV  | 59/M |
| 82 | 14052 | VIKAS.V.NIMBHALKAR  | 49/M |
| 83 | 14242 | SWAPNALI.V.PAWAR    | 32/F |
| 84 | 14450 | PRAMILA.S.PURANDARE | 45/F |
| 85 | 15300 | CHETANA.K.TAMBE     | 29/F |
| 86 | 15964 | BHUSHAN.R.PATIL     | 40/M |
| 87 | 16255 | PRIYANKA.R.AHERE    | 27/F |
| 88 | 16427 | RANJANA.S.CHAUDHARI | 35/F |
| 89 | 16628 | BHARAT.D.PATIL      | 36/M |
| 90 | 16749 | HIRABAI.N.WAGH      | 50/F |
| 91 | 17795 | MANISHA BAGHALE     | 35/F |
| 92 | 18504 | JAYESH.R.KUVAR      | 42/M |
| 93 | 18800 | NISHA.V.BAGHUL      | 30/F |
| 94 | 21055 | SAVITA.N.PATIL      | 42/F |
| 95 | 21401 | GORI.T.PANASE       | 28/F |
| 96 | 21699 | DINKAR.K.BAGADE     | 52/M |

  
**H.O.D.**  
 Swasthavritta Dept.  
 S.S.A.M. & H. Nashik



  
**Principal**  
 Vd. Milind Babarao Aware  
 Shree Saptashrungi Ayurved  
 Mahavidyalaya & Hospital, Nashik





## SHREE SAPTASHRUNGI AYURVED MAHAVIDYALAYA & HOSPITAL

Karnal Nagar, Hirawadi, Panchavati, Nashik - 422 003. | Tel.: (0253) 2621565 (College) | (Hosp.) 2518548  
Fax : (0253) 2621638 ● E-mail : ssamnsk@gmail.com ● website : www.ssam.in

### ASANA OPD PATIENT LIST 2019

| SR. NO. | CR OPD NO | NAME OF PATIENT        | AGE/SEX |
|---------|-----------|------------------------|---------|
| 1       | 203       | BALIRAM Y. MAHAJAN     | 57/M    |
| 2       | 416       | SANTOSH D. KADAM       | 41/M    |
| 3       | 431       | RASHMI R. BAGUL        | 45/F    |
| 4       | 564       | SHEETAL R. HIRE        | 27/F    |
| 5       | 649       | VIJASHRI R. JADHAV     | 30/F    |
| 6       | 757       | LATA V. LAHANE         | 43/F    |
| 7       | 774       | HEMADRI U. PAWAR       | 30/F    |
| 8       | 994       | MANISHA N. SHIRKE      | 32/F    |
| 9       | 1299      | SANGITA A. PAWAR       | 34/F    |
| 10      | 1590      | RAJARAM S. CHOUDHARY   | 50/M    |
| 11      | 1683      | KULBHUSHAN B. SONAVANE | 57/M    |
| 12      | 1968      | SWAPNA S. CHOUDHARY    | 28/F    |
| 13      | 1885      | SONALI S. KOKATE       | 30/F    |
| 14      | 2232      | RADHABAI S. KATARIYA   | 39/F    |
| 15      | 2339      | SAI V. SHEJWAL         | 20/F    |
| 16      | 2702      | MANSI P. GAWADE        | 30/F    |
| 17      | 2785      | KAVITA K. JAGTAP       | 38/F    |
| 18      | 2799      | MEERA R. PANDEY        | 48/F    |
| 19      | 2889      | ASHOK V. PAWAR         | 46/M    |
| 20      | 3078      | RATAN D. RAJPUT        | 39/M    |
| 21      | 3282      | KAVERI M. RATHOD       | 30/F    |
| 22      | 3352      | USHA R. BHIDE          | 29/F    |
| 23      | 4061      | SARALA K. KHIRADKAR    | 48/F    |
| 24      | 4308      | LATA B.GHUGHE          | 32/F    |
| 25      | 4370      | SHREYA S. WANKHEDE     | 30/F    |
| 26      | 4576      | SANTOSH H. GAYGHANI    | 44/M    |
| 27      | 4606      | RAHUL P. DIVE          | 38/M    |
| 28      | 4659      | RENUKA V. DEVKAR       | 32/F    |
| 29      | 4749      | RAKESH V. SONAVANE     | 54/M    |
| 30      | 4894      | DINESH R. AHER         | 52/M    |
| 31      | 5296      | BAPU K. PAWAR          | 55/F    |
| 32      | 5516      | SHANTI S. SHINDE       | 34/F    |
| 33      | 5347      | PREETI M. MALPURE      | 34/F    |

|    |      |                       |      |
|----|------|-----------------------|------|
| 34 | 5869 | ANITA P. AHIRE        | 34/F |
| 35 | 6102 | DNYANADA S. SOMWANSHI | 58/F |
| 36 | 6424 | PRIYA A. SONAVANE     | 30/F |
| 37 | 6432 | HEMANGI R. PAWAR      | 32/F |
| 38 | 6689 | SUNITA A. KAKDE       | 32/F |
| 39 | 6756 | KRUTIKA M. DHENGNE    | 39/F |
| 40 | 6843 | SONALI R. SONAVANE    | 28/F |
| 41 | 7017 | RADHIKA G. PAWAR      | 30/F |
| 42 | 7180 | POONAM S. YADAV       | 40/F |
| 43 | 7198 | PANDURANG I. NIKAM    | 45/M |
| 44 | 7292 | APARNA M. NIKAM       | 38/F |
| 45 | 7383 | VISHAL S. CHITKARE    | 32/M |
| 46 | 7396 | JITENDRA V. KULKARNI  | 28/M |
| 47 | 6940 | SANJAY R. NIKAM       | 25/M |
| 48 | 7449 | SUNITA R. JOSHI       | 38/F |
| 49 | 7465 | SHANKAR M. INGALE     | 45/M |
| 50 | 7478 | MADHUKAR M. SHINDE    | 39/M |
| 51 | 7527 | SANGITA A. KHARAT     | 53/F |
| 52 | 7535 | VIJAY B. PANDEY       | 28/M |
| 53 | 7632 | SANDEEP B. MANE       | 45/M |
| 54 | 7641 | VINAY R. PATIL        | 32/M |
| 55 | 7648 | ROHINI K. MOHITE      | 24/F |
| 56 | 7719 | NANDINI S. GANGURDE   | 40/F |
| 57 | 7727 | KRUSHNA Y. SHIMPI     | 30/M |
| 58 | 7740 | MEENA S. PATIL        | 50/F |
| 59 | 7841 | ARVIND M. PATIL       | 22/M |
| 60 | 7857 | PRAMOD P. CHAVAN      | 42/M |
| 61 | 7879 | NILIMA N. SAINDAL     | 34/F |
| 62 | 7449 | SUNITA R. JOSHI       | 38/F |
| 63 | 7945 | HIRAMAN B. GHOLAP     | 48/M |
| 64 | 7956 | SURESH B. KATPADE     | 42/M |
| 65 | 7527 | SANGITA A. KHARAT     | 53/F |
| 66 | 7535 | VIJAYA B. PANDEY      | 28/F |
| 67 | 7989 | VIJAY S. NAIK         | 40/M |
| 68 | 8020 | RAHUL S. CHAUDHARY    | 29/M |
| 69 | 8029 | KANTA S. JADHAV       | 50/F |
| 70 | 7383 | VISHAL S. CHITKARE    | 32/M |
| 71 | 8106 | MAHESH P. BORADE      | 45/M |
| 72 | 8133 | TARABAI S. JORKAR     | 37/F |

|     |       |                        |      |
|-----|-------|------------------------|------|
| 73  | 8169  | VIJAYA P. MAHALE       | 38/F |
| 74  | 8272  | KALYANI R. NAIK        | 31/F |
| 75  | 8343  | DEEPTI R. NALWARE      | 35/F |
| 76  | 8351  | VEENA A. NIKAM         | 28/F |
| 77  | 7889  | VIJAY S. NAIK          | 40/M |
| 78  | 8456  | MAYANK K. GAVALI       | 48/M |
| 79  | 4875  | MAHAVIR P. KADAM       | 45/M |
| 80  | 8530  | SUNITA R. BEDKE        | 35/F |
| 81  | 8541  | SHIVENDRA P. MOHITE    | 42/M |
| 82  | 9384  | ANJALI P. SANGVE       | 35/F |
| 83  | 9507  | RAVINDRA S. SHINDE     | 47/M |
| 84  | 9554  | PRIYANKA P. SAWALE     | 36/F |
| 85  | 9643  | MEGHNA S. GAVANDE      | 30/F |
| 86  | 9749  | SHIVANI G KALE         | 35/F |
| 87  | 9836  | VRUSHALI V. BORSE      | 29/F |
| 88  | 9930  | MANISHA D. KALE        | 30/F |
| 89  | 10026 | TEJAS S. SONAR         | 17/M |
| 90  | 10122 | AJIT S. MAHALE         | 38/M |
| 91  | 10203 | RUPALI D. CHOUDHARY    | 30/F |
| 92  | 10382 | KESHAV M. WAGH         | 38/M |
| 93  | 10480 | GAJANAN V. PATIL       | 35/M |
| 94  | 10660 | SAHEBRAO T. KUNDE      | 55/M |
| 95  | 10759 | SANTOSH D. GAVALE      | 49/M |
| 96  | 10965 | SUVARNA R. DEORE       | 42/F |
| 97  | 11003 | SONALI S. WAGH         | 40/F |
| 98  | 11170 | SUDARSHANA P. SHINDE   | 42/F |
| 99  | 11337 | RAJENDRA S. HIRE       | 40/M |
| 100 | 11505 | INDUBAI K. KALE        | 45/F |
| 101 | 11632 | SRUSHTI S. DHAYAK      | 20/F |
| 102 | 11645 | SACHIN K. KALE         | 32/M |
| 103 | 11690 | PRAMODINI K. KALE      | 40/F |
| 104 | 11794 | ARCHANA R. SHINDE      | 27/F |
| 105 | 11897 | SUCHETA S. WAGHMARE    | 38/F |
| 106 | 11950 | REKHA R. UPADYE        | 29/F |
| 107 | 12031 | RUTUJA U. JAMADALE     | 30/F |
| 108 | 12120 | RAJKUMAR V. SHINGOLKAR | 30/M |
| 109 | 12129 | SAYALI P. SHINDE       | 28/F |
| 110 | 12147 | ROHINI R. JAGTAP       | 40/F |
| 111 | 12424 | SONAKSHI S. SAHANE     | 33/F |

|     |       |                       |      |
|-----|-------|-----------------------|------|
| 112 | 12308 | ARCHANA P. JADHAV     | 39/F |
| 113 | 12663 | ARTI U. SALAVI        | 41/F |
| 114 | 12679 | DILIP S. NIKAM        | 35/M |
| 115 | 12940 | SURESH T. SANGALE     | 34/M |
| 116 | 13300 | SUNANDA B. SHIRKE     | 30/F |
| 117 | 13440 | VIJAY S. PARAB        | 35/M |
| 118 | 13600 | KASHINATH R. SAHANE   | 48/M |
| 119 | 13724 | RAKESH P. KALE        | 52/M |
| 120 | 13808 | ANJALI M. PATIL       | 49/F |
| 121 | 13902 | TULASHI S. WAGH       | 64/M |
| 122 | 13944 | GANGADHAR R. CHAVAN   | 52/M |
| 123 | 14030 | GITAYI S. KHAIRNAR    | 50/F |
| 124 | 14046 | MEERABAI S. JADHAV    | 45/F |
| 125 | 14100 | SANJANA R. BAGUL      | 47/F |
| 126 | 14129 | JYOTSNA H. DESALE     | 39/F |
| 127 | 14204 | MEGHNA V. SURYAVANSHI | 50/F |
| 128 | 14274 | VAISHALI N. SHINDE    | 51/F |
| 129 | 14308 | RADHA M. APTE         | 48/F |
| 130 | 14362 | PRAJAKTA S. DONGRE    | 32/F |
| 131 | 14382 | POORNIMA R. SHETE     | 32/F |
| 132 | 14545 | MANISHA D. WAGH       | 46/F |
| 133 | 14647 | MINAKSHI P. NAVALE    | 34/F |
| 134 | 14908 | RAM V. SURYAVANSHI    | 50/M |
| 135 | 14996 | PRATIK P. RAJAN       | 25/M |
| 136 | 15023 | SUMAN A. MAHAJAN      | 36/F |
| 137 | 15183 | SHEETAL S. KALE       | 36/F |
| 138 | 15254 | RATNA K. PATIL        | 40/F |
| 139 | 15356 | HARSHAL S. GHORPADE   | 30/M |
| 140 | 15356 | GANGADHAR K. MALODE   | 48/M |
| 141 | 15485 | NISHA S. SURYAVANSHI  | 28/F |
| 142 | 15493 | KAMLESH S. LATAD      | 28/M |
| 143 | 15512 | MINAKSHI M. GAIKWAD   | 23/F |
| 144 | 15764 | PRATHAMESH V. GAIKWAD | 36/M |
| 145 | 15827 | KAMLABAI R. RATHOD    | 38/F |
| 146 | 15848 | SANTOSH B. MALORE     | 36/M |
| 147 | 15999 | SUVARNA M. WAJE       | 45/F |
| 148 | 16913 | KAVITA S. MOGE        | 23/F |
| 149 | 16150 | VANITA S. SHINDE      | 28/F |
| 150 | 16232 | RAKESH S. HIRE        | 28/M |

|     |       |                       |      |
|-----|-------|-----------------------|------|
| 151 | 16261 | NIRMALA S. KAMLE      | 64/F |
| 152 | 16335 | VRUNDA R. SONAVNE     | 35/F |
| 153 | 16406 | AJAY N. SHELKE        | 40/M |
| 154 | 16505 | RAJARAM S. GHODE      | 56/M |
| 155 | 16664 | RAKSHA U. DESLE       | 48/F |
| 156 | 16707 | DINESH E. SURYAVANSHI | 45/M |
| 157 | 16735 | ANITA V. PATIL        | 33/F |
| 158 | 16845 | VAISHNAVI V. PATIL    | 41/F |
| 159 | 16921 | AMOL V. DEORE         | 42/F |
| 160 | 17018 | PRABHAKAR M. SONAVNE  | 36/M |
| 161 | 17095 | CHAITALI R. BHOSALE   | 45/F |
| 162 | 17160 | RAJENDRA S. GAVANDE   | 54/M |
| 163 | 17308 | SWAPNALI K. DEORE     | 18/F |
| 164 | 17427 | JITESH A. SHINDE      | 50/M |
| 165 | 17573 | PRAKASH H. KHAPARDE   | 63/M |
| 166 | 17594 | SUHAS A. NIKAM        | 60/M |
| 167 | 17647 | RAMDAS P. CHANDVE     | 60/M |
| 168 | 17835 | ARTI N. KALE          | 33/F |
| 169 | 17853 | KAMAL D. PAVSE        | 40/F |
| 170 | 17917 | KRUTADNYA R. PAWAR    | 34/F |
| 171 | 18914 | KANTA S. CHAUDHARY    | 54/F |
| 172 | 18055 | SONALI P. KALE        | 30/F |
| 173 | 18064 | ARUNA H. PANCHAL      | 34/F |
| 174 | 18396 | MANAV R. PAWALE       | 54/M |
| 175 | 18521 | NIMABAI R. DEORE      | 60/F |
| 176 | 18637 | KAILASH S. RATHI      | 43/M |
| 177 | 18696 | NITA R. BORSE         | 50/F |
| 178 | 18778 | SADHNA J. SHINDE      | 47/F |
| 179 | 18867 | SADHNA V. GAIKWAD     | 37/F |
| 180 | 18939 | PARVATI D. JAGTAP     | 52/F |
| 181 | 19011 | PRAKASH H. KANDE      | 32/M |
| 182 | 19124 | PAVANKUMAR K. AHER    | 36/M |
| 183 | 18668 | UMESH D. PAGAR        | 44/M |
| 184 | 19600 | SAKHARAM C. JOSHI     | 60/M |
| 185 | 19742 | RAHUL R. LOHAR        | 40/M |
| 186 | 19754 | KAMALBAI H. SONULE    | 60/F |
| 187 | 20002 | PRAGATI S. AHER       | 27/F |
| 188 | 20016 | TARABAI V. SHEWALE    | 65/F |
| 189 | 20194 | TANUJA V. LOHAR       | 40/F |

|     |       |                         |      |
|-----|-------|-------------------------|------|
| 190 | 20404 | NIRAMALA K. BORSE       | 30/F |
| 191 | 20523 | KAMALBAI S. KHADE       | 40/F |
| 192 | 20699 | DEEPIKA V. GAWALI       | 38/F |
| 193 | 20930 | KIRAN U. SOMVANSHI      | 38/M |
| 194 | 21015 | VISHAL A. BORSE         | 32/M |
| 195 | 21175 | RAJESH S. MOGRE         | 38/M |
| 196 | 21214 | BABURAO R. SANJE        | 60/M |
| 197 | 21310 | SAKHARAM NARKHEDE       | 60/M |
| 198 | 21395 | SHIVANI T. BHOSALE      | 30/F |
| 199 | 21453 | JAGDISH R. PAGARE       | 54/M |
| 200 | 21546 | SMITA G. KHAIRNAR       | 36/F |
| 201 | 21581 | SHUBHAM S. SHIRSAL      | 27/M |
| 202 | 21618 | MAHESH R. JADHAV        | 32/M |
| 203 | 21747 | RATNA P. SONAVNE        | 30/F |
| 204 | 21882 | ASHWIN R. PAWAR         | 28/M |
| 205 | 22006 | SHIVRAJ P. SONAVNE      | 42/M |
| 206 | 22105 | MANISH T. WAGH          | 54/M |
| 207 | 22280 | PRATHAMESH A. ADKE      | 38/M |
| 208 | 22369 | BAJRANG M. KALE         | 50/M |
| 209 | 22540 | SADHNA G. SARAF         | 30/F |
| 210 | 22555 | PRATIBHA S. MALI        | 45/F |
| 211 | 22624 | HARIOM S. MANE          | 40/M |
| 212 | 22691 | KALAVATI N. DASME       | 60/F |
| 213 | 23031 | GAJANAN B. SOMVANSHI    | 53/M |
| 214 | 23252 | CHANDRAKANT B. TRIPATHI | 40/M |
| 215 | 23331 | ANUSAYA NAMDEV          | 45/F |
| 216 | 23549 | ANANDRAO R. SHIRSATH    | 50/M |
| 217 | 23789 | DAULAT A. GAVALI        | 48/M |
| 218 | 23881 | UTKARSHA J. SHINDE      | 35/F |
| 219 | 23970 | SHWETA L. PAWAR         | 30/F |
| 220 | 24098 | MAHESH R. GAIKWAD       | 40/M |

  
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 S.S.A.M. & H. Nashik



  
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 Mahavidyalaya & Hospital, Nashik